



THE EDMOND J. SAFRA FAMILY LODGE

AT THE NATIONAL INSTITUTES OF HEALTH

The Edmond J. Safra Family Lodge at NIH would welcome donations to our pantry for guests who are staying at the Lodge. Pantry items help guests who cannot easily get to a grocery store or afford the cost of having food delivered. Finding some of the following available in Lodge kitchen cabinets is most appreciated:

- Soups
- Canned vegetables
- Individual cereals (dry, oatmeal to be cooked)
- Individual fruit portions (applesauce, peaches, mixed fruit, pears, etc.)
- Individual pudding portions
- Healthy snack bars
- Macaroni & cheese
- Pastas of any shape and size (regular, whole wheat, gluten free, etc.)
- Pasta sauces
- Rice (white, brown)
- Small cans of tuna or chicken
- Condiments: small containers of mayonnaise, mustard, ketchup, jellies or jams (these can be shared in the communal refrigerator once opened)
- Cooking oils (vegetable, olive, etc. – small containers preferred)
- Spices: small containers (better for staying fresh until used up) of spices: cinnamon, tarragon, curry, paprika, ground pepper, salt, thyme, parsley, oregano, garlic, etc. (small canister pairs of salts & peppers are useful)
- Freezer meals: individual and family size, all types and varieties
- Food storage containers and several sizes of ziploc-type storage bags